

# DR. MARYAM ZAMANI

## AESTHETICIAN: SKIN TREATMENTS

### HYDRAFACIAL MD® From £250

---

**Treats:** lacklustre skin, enlarged pores, acne, pigmentation

**Results:** are seen within 1-2 days

**Pain:** none

**Social downtime:** up to 24 hours (potential redness)

**Recommended course:** 2-4 treatments, 2 weeks apart

### AQUAGOLD® FINE TOUCH HYDRAFACIAL MD® From £800

---

**Treats:** loss of radiance, uneven skin texture, facial flushing / rosacea, lacklustre skin

**Results:** are seen within 1-2 weeks

**Pain:** mild

**Social downtime:** up to 24 hours (potential redness)

**Recommended course:** 1-3 treatments, 1 month apart

### CHEMICAL PEELS From £200

---

**Treats:** wrinkles, acne, acne scars, hyperpigmentation, melasma, age spots, sun damage

**Results:** results are seen in 1-2 weeks

**Pain:** mild to moderate

**Social downtime:** depends on the type of peel; from 0-7 days

**Recommended course:** customized to skin concerns & downtime

### MESOTHERAPY From £400

---

**Treats:** wrinkles, skin laxity, skin crepiness, acne scarring, hyperpigmentation and sun damage

**Results:** within 48-72 hours with continued effect

**Pain:** mild (topical anesthetic can be applied)

**Social downtime:** up to 24 hours (potential to bruise)

**Recommended course:** 3-5 treatments, 1 month apart

### MICRONEEDLING from £400

---

**Treats:** acne scarring, fine lines & wrinkles, skin texture, crepey skin, pigmentation

**Results:** within 1 week with continued effect

**Pain:** mild (topical anesthetic can be applied)

**Social downtime:** up to 48 hours (potential to bruise)

**Recommended course:** 3-5 treatments, 1 month apart

### PRP: PLATELET RICH PLASMA From £800

---

**Treats:** crepey décolletage, aged eyes, wrinkles, deep set tear troughs and for hand rejuvenation

**Results:** are seen in 2 weeks and continue for 3-6 months

**Pain:** mild to moderate (topical numbing cream is used before treatment)

**Social downtime:** up to 24 hours (potential for bruising)

**Recommended course:** three treatments, 1-3 months apart

# DR. MARYAM ZAMANI

## AESTHETICIAN: LASER TREATMENTS

### BBL™ (BROADBAND LIGHT) From £600

---

**Treats:** rosacea, photodamage, age spots, broken veins & capillaries, sun damage, facial telangiectasia

**Results:**

are seen within 1 weeks with

results lasting 12-24 months

**Pain:** mild- moderate (topical anesthetic

may be applied)

**Social downtime:** up to 24 hours

**Recommended course:** 2-4 treatments,

4 weeks apart with top ups biannually

### HALO™ LASER From £2000 (face)

---

**Treats:** wrinkles, sun damage, enlarged pores, uneven texture, skin laxity, pigmentation, acne scarring, hand rejuvenation, fine lines & wrinkles, melasma

**Results:**

2-5 days with results

lasting months to years.

**Pain:** mild to moderate (topical anesthetic is

applied for 30 minutes prior to treatment)

**Social downtime:** none

**Recommended course:** 1- 3 treatments

### IPL From £400 (face)

---

**Treats:** rosacea, photodamage, age spots,

broken veins & capillaries, sun damage

**Results:**

are seen within 1 weeks with

results lasting 12-24 months

**Social downtime:** up to 24 hours

**Recommended course:** 3-5 treatments, 4

weeks apart with top ups biannually

### LASER GENESIS From £800

---

**Treats:**

rosacea, uneven texture, skin laxity,

pigmentation and acne scarring

**Results:**

within 24 hours with results lasting 2 weeks

**Pain:**

none to mild

**Social downtime:** none

**Recommended course:**

3-5 treatments, 4 weeks apart

### LED LIGHT THERAPY From £70

---

**Treats:**

acne, broken veins & capillaries,

hyperpigmentation, rosacea,

age spots and sun damage

**Results:** within 24 hours with

continued improvement

**Pain:** none

**Social downtime:** none

**Recommended course:**

3-5 treatments, 1 weeks apart

### MORPHEUS8 From £2000

---

**Treats:**

loose skin around the eyes, face, neck,

decolletage and body as well as acne

scarring, festoons, uneven skin texture,

and fine lines & wrinkles

**Results:** results are seen in 1-2 weeks with

continued improvement for 3-6 months

**Pain:** moderate (topical numbing cream is

applied prior to treatment)

**Social downtime:**

3-7 days (local skin redness, swelling,

pinpoint scabs can appear)

**Recommended course:**

1-3 treatments, 3-5 weeks apart

### ND:YAG LASER From £500

---

**Treats:**

wrinkles, broken veins & capillaries,

age spots, sun damage, cherry red

spots and capillary hemangiomas

**Results:** are seen in 24-48 hours

**Pain:** mild

**Social downtime:** none

**Recommended course:**

1-4 treatments, 4 weeks apart

### ULTHERAPY From £800

---

**Treats:** wrinkling, loss of volume, skin tightening, jowling, neck bands, crepey decolletage, nose to mouth lines and heavy brows

**Results:** results peak at 3-6 months

**Pain:** moderate

**Social downtime:** none (potential for swelling)

**Recommended course:** every 1-2 years

# DR. MARYAM ZAMANI

## DOCTOR: INJECTABLES

**BELKYRA™** From **£850** per vial  
(2 – 3 vials per session)

---

**Treats:**

double chin (not suitable for very large

double chins or a lot of sagging skin)

**Results:**

are generally 3 months after last injection

**Pain:** mild- moderate

**Social downtime:** 2-5 days (potential for

bruising and swelling)

**Recommended course:** 2-6 treatments

every 6-8 weeks

**DERMAL FILLERS** HA fillers:  
From **£850** per syringe  
Radiesse:  
From **£950** per syringe

---

**Treats:**

wrinkles, volume loss, tear troughs, hands,

ear lobes, jowling, lip enhancement, non

surgical nose reshaping, chin augmentation,

eyebrow lift

**Results:** are seen within 1-2 weeks with

results lasting 6-18 months

**Pain:** mild- moderate

**Social downtime:** 24-72 hours

(potential for bruising)

**NEUROTOXIN /  
BOTULINUM TOXIN** From **£350**

---

**Treats:**

dynamic facial lines, gummy smiles, rosacea,

teeth grinding, headaches, masseter

hypertrophy, neck bands, hyperhidrosis

(excessive sweating in the armpits, hairline,

hands, feet, groin) and menopausal sweats.

**Results:**

are seen within

2 weeks and last 3-6 months

**Pain:** mild

**Social downtime:** up to 24 hours

(potential for bruising)

**SCULPTRA** From **£850**

---

**Treats:**

volume loss in the face and buttocks; can

also be used to improve texture above the

knees and elbows,

acne scarring

**Results:** are seen within 2-3 months with

results lasting 18-24 months

**Pain:** mild- moderate

**Social downtime:** 24-72 hours

(potential for bruising)

**SKIN BOOSTERS** From **£500**

---

**Treats:**

fine lines & wrinkles, smokers lines, crepey

skin, neck, chest, hands, crows feet,

pigmentation

**Results:** are seen in 2-3 weeks

**Pain:** mild to moderate (topical numbing

cream can be used before treatment)

**Social downtime:** 1 day

**Recommended course:** prophilio: 2

treatments, one month apart, volite: one

treatment every 6 months, revive: 3

treatments, one month apart

# DR. MARYAM ZAMANI

## DOCTOR: SKIN TREATMENTS

### AQUAGOLD® FINE TOUCH HYDRAFACIAL MD® From £800

---

**Treats:**

loss of radiance, uneven skin texture, facial flushing / rosacea,

lacklustre skin

**Results:** are seen within 1-2 weeks

**Pain:** mild

**Social downtime:**

up to 24 hours (potential redness)

**Recommended course:**

1-3 treatments, 1 month apart

### CHEMICAL PEELS From £200

---

**Treats:**

wrinkles, acne, acne scars,

hyperpigmentation, melasma,

age spots, sun damage

**Results:** results are seen in 1-2 weeks

**Pain:** mild to moderate

**Social downtime:**

depends on the type of peel; from 0-7 days

**Recommended course:** customized to skin

concerns & downtime

### MESOTHERAPY From £400

---

**Treats:**

wrinkles, skin laxity, skin crepiness, acne scarring, hyperpigmentation

and sun damage

**Results:**

within 48-72 hours with continued effect

**Pain:**

mild (topical anesthetic can be applied)

**Social downtime:**

up to 24 hours (potential to bruise)

**Recommended course:**

3-5 treatments, 1 month apart

### MICRONEEDLING from £400

---

**Treats:**

acne scarring, fine lines & wrinkles, skin texture, crepey skin, pigmentation

**Results:**

within 1 week with continued effect

**Pain:**

mild (topical anesthetic can be applied)

**Social downtime:**

up to 48 hours (potential to bruise)

**Recommended course:**

3-5 treatments, 1 month apart

### PRP: PLATELET RICH PLASMA From £800

---

**Treats:**

crepey décolletage, aged eyes, wrinkles,

deep set tear troughs and for

hand rejuvenation

**Results:** are seen in 2 weeks

and continue for 3-6 months

**Pain:** mild to moderate (topical numbing cream is used before treatment)

**Social downtime:**

up to 24 hours (potential for bruising)

**Recommended course:**

three treatments, 1-3 months apart

### UVENCE From £7500

---

**Treats:**

wrinkles, volume loss, tear trough, aged

eyes, lip treatment, skin tightening, turkey

neck, décolletage, hand rejuvenation and

chin

**Results:** results are seen in 2-3 weeks

**Pain:** mild to moderate (topical numbing cream is used before treatment)

**Social downtime:** 24-72 hours (potential to bruise)

# DR. MARYAM ZAMANI

## DOCTOR: LASER TREATMENTS

### BBL™ (BROADBAND LIGHT) From £600

---

**Treats:**

rosacea, photodamage, age spots, broken veins & capillaries, sun damage, facial telangectasia

**Results:** are seen within 1 weeks with

results lasting 12-24 months

**Pain:** mild- moderate (topical anesethetic

may be applied)

**Social downtime:** up to 24 hours

**Recommended course:** 2-4 treatments,

4 weeks apart with top ups biannually

### BLUE LIGHT THERAPY From £300

---

**Treats:**

active acnes, acne scarring, red macules and irregular pigmentation

**Results:**

are seen within 1 week with continued improvement

**Pain:** mild

**Social downtime:** up to 24 hours

**Recommended course:**

6 treatments, 1 week apart

### CLEARLIFT From £450

---

**Treats:**

wrinkles, improves skin elasticity, hyperpigmentation, age spots, sunspots, melasma, crepey skin, jowling

**Results:** are seen within 1-2 weeks and lasts 6 weeks

**Pain:** none to mild

**Social downtime:** none

Recommended course: 6 treatments, 2 weeks apart

### CO2 LASER Non-ablative from £3000

ablative from £3500

---

**Treats:**

moderate photoageing, hyperpigmentation, lines and wrinkles, stretch marks

**Results:** are seen within 1-2 weeks with continued improvement over 3-6 months

**Pain:**

mild to moderate (numbing cream is applied prior to treatment)

**Social downtime:** 1-2 weeks

**Recommended course:** 1-3 treatments, 3-6 months apart

### HALO™ LASER From £2000 (face)

---

**Treats:**

wrinkles, sun damage, enlarged pores, uneven texture, skin laxity, pigmentation, acne scarring, hand rejuvenation, fine lines & wrinkles, melasma

**Results:** 2-5 days with results lasting months to years.

**Pain:** mild to moderate (topical anesthetic is applied for 30 minutes prior to treatment)

**Social downtime:** none

**Recommended course:** 1- 3 treatments

### I-PIXEL LASER From £2000

---

**Treats:**

wrinkles, skin tightening, crepey decolletage, acne scarring, hyperpigmentation, stretch marks, acne scarring, sun spots, uneven skin texture

**Results:** are seen within 1-2 weeks with results lasting 12-24 months

**Pain:** mild- moderate (topical anesethetic may be applied)

**Social downtime:** up to one week

Recommended course: 3-5 treatments, 4-6 weeks apart

# DR. MARYAM ZAMANI

DOCTOR: LASER TREATMENTS cont.

## IPL From £600

---

**Treats:**

rosacea, photodamage, age spots, broken veins & capillaries, sun damage

**Results:** are seen within 1 weeks with

results lasting 12-24 months

**Social downtime:** up to 24 hours

**Recommended course:** 3-5 treatments, 4

weeks apart with top ups biannually

## LASER GENESIS From £800

---

**Treats:**

rosacea, uneven texture, skin laxity,

pigmentation and acne scarring

**Results:**

within 24 hours with results lasting 2 weeks

**Pain:** none to mild

**Social downtime:** none

**Recommended course:**

3-5 treatments, 4 weeks apart

## LED LIGHT THERAPY From £70

---

**Treats:**

acne, broken veins & capillaries,

hyperpigmentation, rosacea, age spots and

sun damage

**Results:** within 24 hours with

continued improvement

**Pain:** none

**Social downtime:** none

**Recommended course:**

3-5 treatments, 1 weeks apart

## MORPHEUS8 From £2000

---

**Treats:**

loose skin around the eyes, face, neck,

decolletage and body as well as acne

scarring, festoons, uneven skin texture, and

fine lines & wrinkles

**Results:**

results are seen in 1-2 weeks with

continued improvement for 3-6 months

**Pain:** moderate (topical numbing cream is

applied prior to treatment)

**Social downtime:**

3-7 days (local skin redness, swelling,

pinpoint scabs can appear)

**Recommended course:**

1-3 treatments, 3-5 weeks apart

## ND:YAG LASER From £500

---

**Treats:**

wrinkles, broken veins & capillaries, age

spots, sun damage, cherry red spots and

capillary hemangiomas

**Results:** are seen in 24-48 hours

**Pain:** mild

**Social downtime:** none

**Recommended course:**

1-4 treatments, 4 weeks apart

## PLEXR From £1000

---

**Treats:**

ageing eyes, wrinkles, stretch marks, scars,

acne scarring and turkey neck

**Results:** are seen in 2-3 weeks

**Pain:** mild to moderate (topical numbing

cream is used before treatment)

**Social downtime:** 7-10 days

**Recommended course:** 1-2 treatments,

8 weeks apart

## ULTHERAPY From £800

---

**Treats:**

wrinkling, loss of volume, skin tightening,

jowling, neck bands, crepey decolletage,

nose to mouth lines and heavy brows

**Results:**

results peak at 3-6 months

**Pain:** moderate

**Social downtime:** none (potential for

swelling)

**Recommended course:** every 1-2 years

# DR. MARYAM ZAMANI

## DOCTOR: THREAD LIFT & COMBINATION TREATMENTS

### PDO THREADS

From £1500

---

#### **Treats:**

sagging skin, fine lines & wrinkles

**Results:** initial improvement seen within 2 weeks, results peak at 3-6 months

**Pain:** mild

**Social downtime:** up to one week (potential for swelling and bruising)

**Recommended course:** every 6-12 months

### GLOW REHAB

From £2400

---

#### **Treats:**

fine lines, wrinkles, uneven skin tone, sagging, lacklustre skin

**Results:** are visible within 1 weeks with results lasting up to 6 months

**Pain:** mild- moderate

**Social downtime:** 24-72 hours (potential for bruising)

### TRI-BROW LIFT

From £2500

---

#### **Treats:**

ageing eyes, hallow eyes, sagging eyes, tired-looking eyes and uneven skin around the eyes

#### **Results:**

are seen in 1-3 weeks and will continue to improve for 6 months

**Pain:** mild to moderate (topical numbing cream is used before treatment)

#### **Social downtime:**

24 hours (potential for bruising)

### TRIPLE BOOST

#### EYE BRIGHT

From £2000

---

#### **Treats:**

sagging, uneven skin tone and crepey skin texture

**Results:** are seen in 1-3 weeks

**Pain:** mild to moderate (topical numbing cream is used before treatment)

#### **Social downtime:**

24-48 hours (potential for bruising)

# DR. MARYAM ZAMANI

## DERMATOLOGY/SURGICAL TREATMENTS

### BLEPHAROPLASTY

---

Upper eyelid blepharoplasty from **£9,700**

Lower eyelid blepharoplasty from **£9,700**

**Treats:**

ageing eyes, hooded eyelids, under eye puffiness and excess skin

**Results:** are seen within 1 month with continued improvement over 3-6 months

**Pain:** mild

**Social downtime:** 1-2 weeks

### CRYOTHERAPY

---

From **£100**

**Results:**

within 1-3 weeks

**Pain:** mild

**Social downtime:**

none but lesions become darker

### MOLE MAPPING

---

From **£400**

### PATCH TESTING

---

From **£400**

**Results:**

end of 1 week

**Pain:** none

**Social downtime:**

none, please note patches will placed on back for 1 week

### PHOTODYNAMIC THERAPY

---

From **£1400**

**Results:**

within 1-4 weeks

**Pain:** mild

**Social downtime:** 3-5 days

### SCLEROTHERAPY

---

From **£600**

**Results:**

results within 3-6 weeks

**Pain:** mild pain and burning sensation

**Social downtime:**

minimal, can return to normal activity post treatment. Mild bruising resolves within 1-2 weeks.

### SKIN BIOPSY AND EXCISION

---

Skin biopsy

(per lesion) from **£425** plus histology fee

Skin excision

(per lesion) from **£700** plus histology fee

Shave excision

(per lesion) from **£700** plus histology fee

Punch biopsy

(per lesion) **£600** plus histology fee

Curettage and cautery

(per lesion) from **£700** plus histology fee